

Jiffy Mixer

Calvin Campbell

Jiffy Mixer is a multi purpose dance. I use it for Community Dances as a mixer and for father/daughter dances, I use it as a non-mixer. If you read the description below you will notice that as a mixer you set up a double circle. This is usually done by having couples Promenade and then face. This puts the men with their back to the center of the circle and the ladies facing them.

At father/daughter dances or PTO events, the children need to be more contained. So, I place the adults on the outside of the circle facing in with the children in the middle facing out. If a parent has two children I have both of them facing one parent. If a parent has three children I have the oldest child on the outside of the circle with a sibling facing them on the inside of the circle.

I've even used this dance at square dance clubs. Of course, that depends on the club. Some clubs will respond nicely to just doing something easy and not always in squares. Some will feel it's a waste of time.

The tune is short (2:25) and very lively. I usually play it twice. You can teach the dance in less than one minute.

Jiffy Mixer

Jerry & Kathy Helt

Formation: Double circle, partners facing in butterfly position. The man's back is to the center of the hall. Directions are given for the man.

Record: [Jiffy Mixer](#)

Cues

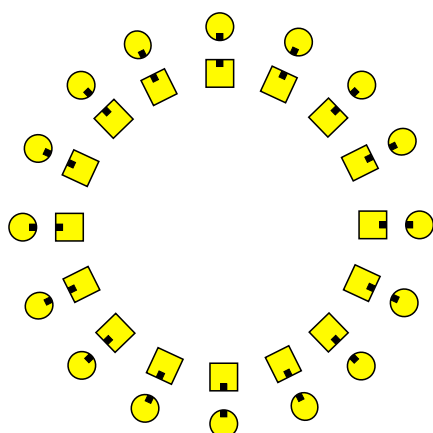
Intro ---, Heel & toe then side close side

1-8 ----, -- **The other way back**

9-16 ----, -- **Chug & clap**

17-24 ----, **Slant right get a new partner**

25-32 ----, -- **Heel & toe**



Description

1-8 In butterfly position (partners facing, both hands joined, out to sides, shoulder high) touch left heel out to left, then touch left toe along side right foot. Repeat. (Heel, Toe, Heel, Toe) Move counterclockwise by stepping to left on left foot, close right to left, step left to side again and touch right alongside of left, keeping weight on left. (Side, Close, Side, Touch) (Ladies footwork is opposite the man's)

9-16 Repeat the above action using the other foot and moving in the opposite direction.

17-24 Drop hands, partners "chug" (with weight on both feet take a short jump backwards) away from each other 4 times, man backing in towards the center of the hall, lady backing away toward the wall. Both "chug" on the down-beat of the music and clap hands on the up-beat of the music. (Chug, Clap, Chug, Clap, etc.)

25-32 Start with the left foot and move, diagonally right, to a new partner with 4 slow swaggering steps. Finish in a butterfly position to begin the dance again.

Note: People that have knee problems can just back away in 4 slow steps instead of Chug. Jiffy Mixer is an excellent dance to use where children are dancing with adults. Place the children in the middle of the circle facing the adults on the outside of the circle. You can also eliminate changing partners.

If you are doing a father/daughter dance, it is better to have the girls in the center of the big circle facing out and the dads facing in. This allows better control.

Video [Click Here](#) and [Here](#)